



# Pharmacy Solutions Rx

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## Patient Education

### PS Cream 10-Lipoderm ActiveMax®

#### What are the key ingredients in this cream?

Dextromethorphan/Gabapentin/Diclofenac/Tetracaine

#### When is it not safe to use this drug?

- If you have an allergy to the ingredients or any other part of this drug.
- Tell your doctor if you are allergic to any drugs and what symptoms you have. This includes rash; hives; itching; shortness of breath; wheezing; cough; swelling of face, lips, tongue, or throat; or any other signs.
- Do not use on skin that has any problems.
- If you are more than 24 weeks pregnant.

#### How does this drug work?

- Dextromethorphan is used topically to block pain receptors which can in turn decrease pain perception.
- Gabapentin calms the brain. It is used to stop or control twitching and to treat painful nerve diseases
- Diclofenac is a non-steroidal agent that is used to reduce pain and inflammation.
- Tetracaine numbs the nerves where it is used. It is used to stop pain, thereby treating painful nerve diseases.

#### How is this drug best taken?

- Do not take this drug by mouth. Use on your skin only. Keep out of your mouth, nose, and eyes (may burn).
- Wash your hands before and after use.
- Do not wash your hands after use if applying on the hand.
- Clean affected part before use. Make sure to dry well.

#### What do I do if I miss a dose?

- Apply on a missed dose as soon as you remember.
- If it is close to the time for your next dose, skip the missed dose and go back to your normal time.
- Do not apply on 2 doses or extra dose.

#### Are there any precautions when using this drug?

- Keep a list of all your drugs (prescription, natural products, vitamins, OTC) with you. Give this list to your doctor.

- Check all drugs you are taking with your doctor. This drug may not mix well with some other drugs.
- Do not use coverings (bandages, dressings, make-up) unless instructed to do so by your doctor.
- You may get sunburned more easily. Avoid sun, sunlamps, and tanning beds. Use sunscreen and wear clothing and eyewear that protects you from the sun.
- Tell your doctor if you are pregnant or plan on getting pregnant.
- Tell your doctor if you are breast-feeding

#### **What are some side effects of this drug?**

- Skin irritation.
- Itching.

#### **What do I need to watch for when using this drug?**

- Change in the health problem being treated. If it is better, worse, or about the same.
- If you think there was an overdose, call your local poison control center or ER right away.
- Signs of a very bad reaction to the drug. These include wheezing; chest tightness; fever; itching; bad cough; blue or gray skin color; seizures; or swelling of face, lips, tongue, or throat.
- Side effect or health problem is not better or you are feeling worse.

#### **How do I store this drug?**

- Store at room temperature.
- Do not store in a bathroom or kitchen.

#### **General drug facts**

- If your symptoms or health problems do not get better or if they become worse, call your doctor.
- Do not share your drugs with others and do not take anyone else's drugs.
- Keep all drugs out of the reach of children and pets.
- If you have any questions about this drug, please talk with your doctor, pharmacist, or other health care provider.
- In Canada, take any unused drugs to the pharmacy. Also, visit <http://www.hc-sc.gc.ca/hl-vs/iyh-vsv/med/disposal-defaire-eng.php#th> to learn about the right way to get rid of unused drugs.
- Keep a list of all your drugs (prescription, natural products, vitamins, OTC) with you. Give this list to your doctor.
- Call your doctor for help with any side effects. If in the U.S., you may also call the FDA at 1-800-FDA-1088 or if in Canada, you may also call Health Canada's Vigilance Program at 1-866-234-2345.
- Talk with the doctor before starting any new drug, including prescription or OTC, natural products, or vitamins.